

# Values Priority Table

Each of us places a different emphasis on what is important to us in our lives. We rarely, if ever, consciously stop and consider these values. Following the card sort exercise, complete the table below by listing the values you have chosen under each column heading.

Then star '★' the three values that are the most important to you in the very important list.

<b>VERY IMPORTANT</b>	<b>QUITE IMPORTANT</b>	<b>NOT IMPORTANT</b>