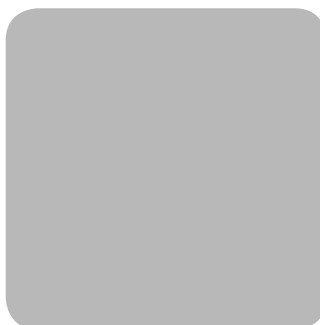


# Careers Advice PLUS



## Group Activities Resource Pack



**European Union**  
European Social Fund  
Investing in jobs and skills

Funded by:



Leading learning and skills

# Introduction

**Careers Advice Plus** is a Learning and Skills Council and European Social Fund programme in North East England. It began in August 2008 and will continue until December 2010. Its aim is to provide individually tailored advice and guidance to people who are unemployed and economically inactive; to support them on their journey to learning and work. The programme offers both intensive one-to-one consultations and a choice of group activities.

**Careers Advice Plus** is delivered by a network of delivery partners across the region:

- Age Concern North Tyneside
- Blyth Sure Start
- Castle Morpeth Disability Association
- CfBT
- CSV
- DISC
- Fourth Action
- Gateshead Council Economic Development Service
- JET
- Learning Links
- New Pathways (part of Connexions Hub Services in Tyne and Wear)
- Shaw Trust
- South Tyneside TEN
- Sunderland North Community Business
- Tomorrow's People Trust
- Wallsend People's Centre

This pack has been produced for Careers Advisers leading **Careers Advice Plus** group activities. It consists of session plans with learning outcomes, information about preparation and materials required, detailed session content and timings. The pack has been designed to be used flexibly - each session can be delivered as a one-off or combined with others to build a longer programme.

**Marie Brett**  
**October 2009**

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- **Believe in Yourself, Know Yourself, Have a Plan** and **Go for It** written by David Hodgson
- **Job Search, CV Overview** and **Interviews** written by Alison Baker
- **Group Activities Resource Pack** edited by Marie Brett

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